

Hi there!

I hope you are doing well, staying safe and relatively peaceful in these unprecedented times. I know I miss in-person connection a lot, and I am guessing you do too which is why you're here!

I am glad you're considering joining us and ask that you **please read this whole letter as well as Light on the Hill's Covid procedures so that you are comfortable with what you're agreeing to before you register**. These are unusual times, for sure, and we're all taking some degree of risk by saying "yes" to this... and I trust you to take the risk that feels ok to you.

I am happy to let you know that Light on the Hill has worked hard to put safety procedures in place to comply with CDC and NYS guidelines. At this time, we have scheduled Let Your Light Shine! for the weekend of **October 16-18** and can welcome a group of 10 participants plus me and Carol Moon, who will be offering yoga for us again this year, so this will be a very intimate group. In talking with Light on the Hill's manager, Christy, I feel very comfortable with the care and consideration that has gone into them safely opening the retreat center to groups.

Full registration is \$525. As always, this rate includes your private room, all meals Fri. dinner - Sun. lunch, yoga, and all retreat activities.

If more than 10 people register, I will start a waitlist.

To hold your space, you can either send me full payment of \$525 after that by check to PO Box 612, Livonia, NY 14487 or register and pay through PayPal on my site.

Cancellations: *Deposits are non-refundable unless you need to cancel for extraordinary circumstances and I am able to fill your spot.*

After October 1, all payments are non-refundable unless you need to cancel for extraordinary circumstances and I am able to fill your spot.

You are welcome to sell or give away your spot, contingent upon the woman who is taking your spot emailing Barb and submitting a registration form no later than October 15th.

Of course, if Light on the Hill or I cancel the retreat for any reason, your payments will be fully refunded or held for 2021 (your choice).

I want to create as flexible a policy as I can, given our uncertain times, and at the same time honor the time and expense it takes to put together a program like this.

Before you commit, please read [Light on the Hill's COVID Procedures](#) to be sure that you understand and agree to how the retreat will be handled. Also, please understand and agree to abide by any changes that come through as we get closer to our date as guided by NYS and/or Federal authorities.

If you are a non-NYS resident or will be traveling outside of NYS, please know that Light on the Hill will be following travel and quarantine guidelines, and if your state is on the list, you will not be able to come to retreat during a quarantine period.

I am hoping that in mid-October we might be able to do some of our group time outdoors, and we will hold as many of our activities as we can outdoors. But, of course, we can't count on that (especially in 2020!).

We will also set up the schedule for short periods of group time (60-75 min.) followed by breaks to allow everyone to be able to go to their room or outdoors mask-free in between as a way to break things up and maximize comfort.

I fully understand that each of us is figuring out our own comfort level with activities outside of the home and I totally respect that. If you have questions, please reach out to me (email or text are the best ways to reach me, and if it's something you want to talk through, let me know you'd like to set up a call).

I'm excited to be able to offer this, and I hope we are able to create a little haven of peace and renewal - it feels very much needed with all that's going on in our world. We (Light on the Hill and I) will be watching the current situation in our state and area (right now Chemung County and Tompkins County have very low case numbers of COVID) and make decisions based on current conditions right up til retreat time.

If you have any questions, please reach out to me at barb@inspiredpossibility.com or by text 585-705-8740.

With love and possibility,
Barb



Inspired
Possibility